
ANCILLARY AND HOME BASED-CARE SKILLS PROGRAMME

BACKGROUND

Learners who complete this skills programme, will possess the competence required to perform community health functions under the supervision of a professional health worker. They will have the fundamental skills required for employment by a range of health, social and other sector employers. They will be in possession of a recognised qualification that will provide a platform for further education and training in a career pathway towards becoming professional health workers.

OBJECTIVES

The focus of this programme is to promote health in communities by empowering the community through the transfer of information and to build an understanding of home-based care and the concepts of health and wellness within the broader health and social care context and the handling of illnesses within the scope of practice of the health worker.

TARGET GROUP

The programme will benefit any person with the following characteristics:

- effective reading and writing skills.
- be willing to become involved and to learn about health.
- be willing to apply treatment within the scope of practice.
- be trusted and accepted by the community.
- have good communication skills and be able to convey to others the information that he/she has received.
- have respect for his/her fellow human beings.

STRUCTURE AND CONTENT

PHILANI TRAINING AND DEVELOPMENT SOLUTIONS NPC is accredited by the Quality Council for Trades and Occupations (01-QCTO/SDP120724213842). The training is outcomes-based, and the learners will be assessed according to the guidelines of the National Qualification Framework as determined by SAQA (South African Qualification Authority). Philani Training and Development Solutions will be responsible for the moderation process as well as registration of the learners on the QCTO-database.

The content of the health component is:

INTRODUCTION

- Life orientation
- Personal finances
- Definition of Health
- Human needs
- Strategies to learn

HEALTH PROMOTION

- National Health Systems
- Different types of health care
- Health projects

LEGISLATION APPLICABLE TO HEALTH

- Service providers that manage human rights in connection with health
- National Constitution
- Rights of old people
- Human Rights charter for terminal patients
- Human Rights for people with disabilities
- Batho pele (People first)
- Health legislation in South Africa

ADMINISTRATION

- Observation
- Referrals
- Record keeping

HEALTH RISKS

- Observation
- Collection of information
- Compiling of a community profile
- Factors that influence health
 - Hygiene – home and garden
 - Nutrition
 - Exercise
 - Environmental risks
 - Health services and health promotion
 - Improving health of communities

DISASTERS

- Identification of disasters
- Potential disasters
- Nature or mankind disasters
- Factors that may lead to disasters
- Health risks associated with disasters
- Disaster management

THE HUMAN BODY

- Anatomy and Physiology
- The main parts, organs and systems of the body

HUMAN DEVELOPMENT

- The cell, conception and pregnancy
- Development of the foetus
- Birth
- Family planning
- Abortion
- From baby to adulthood
- Old age care
- Death and dying

DISEASES AND DISABILITIES

- General diseases
- Non-contagious diseases
- Contagious diseases
- Health risks
- Addiction
- Abuse
- TB Dots

HIV, AIDS AND STI's

BASIC EMERGENCY FIRST AID RESPONDER

HOME-BASED CARE

- Concept of health, wellness, ethics, and appropriate values
- Spirituality and culture within a care environment
- Composition and responsibilities of multi-disciplinary primary health care and social development team and related stakeholders
- Principles of communication within a home-based care environment
- Social and environmental determinants of health and its impact on the care and support of the patient/family and households
- Concept of patient centred care and quality of life

SAQA INFORMATION

SAQA ID 104779: Occupational Certificate: Home-based Care assistant (NQF Level 2)
QCTO SP-230801: Basic Emergency First Aid Responder (NQF Level 2)

LANGUAGE MEDIUM

English or Afrikaans

ADMISSION REQUIREMENTS

- Effective reading and writing skills are required.
- Grade 9 school qualification.
- A minimum of 12 and a maximum of 20 learners are accepted per group.
- Two certified copies of the learner's identification document are required.
- Learners are responsible for their own lunch during training.

BENEFITS OF A HEALTH WORKER ON A FARM AND/OR BUSINESS

The services of a health worker hold the following benefits for members of the community and/or workers:

- Establish a referral and communication system with the health services (eg clinic) according to which workers can be referred and followed up.
- The community can be advised on medical and social issues and can refer this to other resources if it requires further attention.
- The health worker receives training in primary health care, first-aid, TB DOTS and home-based care and can therefore give direct support to patients.
- Act as First Aid worker in emergency situations.
- The health worker encourages workers to observe hygiene in the home and in the workplace.
- Keep records so that health trends can be indicated.
- Serve the community with advice on social issues.
- The services of the health worker also focus on the strengthening of family ties, mutual relationships and individual self-esteem and moral values.

THE ROLE OF THE HEALTH CARE WORKER

Health Care workers on farms and/or businesses are trained to fulfil the following core functions:

- **Promoting health** and giving counselling, in particular personal lifestyles and the environment of the community, through group discussions and meetings with individuals.
- **Prevention** of diseases.
- **Recognition** of abnormalities.
- **TB Dots** support.
- Act as **First Aid** worker.
- Assisting during **disasters**.
- **Home-based Care**
- Assisting in the establishment of food security.
- Finding out about problems through visits to homes and crèches, with a special focus on child health.
- Treatment of minor illnesses within the scope of practise.
- Support of chronic ill and handicapped people about the administering of medicine, referral, support and home-based care.
- Act as an **important link** between workers, employers, teachers, trainers, health services and other relevant stakeholders.
- The health worker can establish a **referral and communication system** with the health services according to which workers can be referred and followed up.
- Keeping required **records and statistics**